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HERALD

Friday 13th July 2012

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The Flame is almost here...

Chichester prepares for the Olympic Torch Relay

MANAGING EDITOR
MELISSA C. HESTERBEARD, CHM

THE ENDS of the world will be on Chester's next week when runners and walkers carry the Olympic torch on one of the final stages of its journey.

The Ganges Flare will travel through the district on Monday (10 July), giving many of the district's towns and villages the chance to see it with the naked eye.

Cheltenham, Mallow, Networth, and Egnar are included in the 2,000 villages, towns and cities sponsored by the London Organising Committee of the Olympic and Paralympic Games (LOCOG) through which the Olympic Flame will be carried by torchbearers during the London 2008 Olympic Torch Relay. LOCOG has worked closely with representatives from a number of sectors in West Sussex to develop the route.

"We are very excited, and feel very privileged, that our district has been chosen to welcome the Olympic Flame", says Councillor Eileen Lenthall, Cabinet Member for Leisure and Wellbeing at Chichester District Council.

“It is a chance for us to support the members of our communities who have been chosen to run with the Olympic Flame.”

"This is a great opportunity to celebrate our young sporting stars, some of who are London 2012 legends. It is also a chance to encourage others to get involved in the new sport and leisure opportunities that our district has to offer."

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Chaos unravels at busy roundabout

By Claire Cuff

CHAOS unravelled at round Chichester's busiest roundabout on Tuesday as bags of asphalt tumbled onto the road after falling from a tractor trailer.

Just after 8am, the tractor which was travelling west bound round the popular flood roundabout lost its load as it went around the bend causing the bags to fall onto oncoming traffic.

Chaos soon erupted as drivers and drivers tried to drive through and around what was believed to be bags of asphalt.

Police were quickly at the scene as queues backed up on the A101 and the A101 causing early morning traffic delays.

The incident, which happened during dry conditions, is currently being investigated by Sussex Police at the scene of how it happened as yet unknown.

The driver of the tractor refused to comment on the accident.

One witness said: "I couldn't believe what I was seeing, it looked incredibly dangerous. It's a great job it actually happened on the roundabout during heavy rain because if it had happened on a dry day the road on the dual carriageway could have caused some serious injuries to other motorists".

Another witness added: "I don't know how it happened but it could have been a lot more serious than it was".



Asphalt containers on the A101, Chichester, after being tipped off the back of a tractor. The bags were tipped off the tractor after being tipped off the back.

Continued from page 1
Members of the local community, taking part in one of our community sports sessions, or posing for a local club, we want to see the opportunity to get even more people involved.

"It's our turn, it's a chance for us to support the members of our community who have been chosen to run with the Olympic Flame.

"For the majority of us, this is a chance to be a part of a historic opportunity and we intend on encouraging our local community to join in and help us to determine what our dream is for the day."

The 10-day Olympic Torch Relay started at Land's End, Cornwall on the morning of 10 May 2012. On the morning of 10 May 2013, the Olympic Flame is travelling an estimated 1,000 miles around the UK, giving thousands of communities and individuals their moment to shine in the Olympic Flame.

On the final day of the Olympic Torch Relay, the 10-day relay will end in the Olympic Flame will travel down the River Thames as it makes its way to the Olympic Stadium in London for the lighting of the cauldron at the Olympic Ceremony, signifying the official start of the London 2012 Olympic Games.

"What to expect and when" - see page 7

Travellers moved on from Chichester heritage site



POLICE have used specialist forces to move a group of travellers from a heritage site in Chichester after two cars and two other vehicles set up in the area on the morning of Thursday 4 July.

The Section 61, which can only be used by the police - was used and resulted in the group moving peacefully away from the Roman Amphitheatre.

The travellers' believed to be about 20 in total - originally passed the city last week to Quarry Lane. They were arrested by police, who moved them, before they set up in Florence Road. After being told

they faced eviction from this site, they moved again to the Amphitheatre in Valley Avenue. After 10 days, from Chichester's High/Lowland Police Team, said: "The fact that this is a heritage site, coupled with it being very close to residential housing, meant that we had no choice but to remove it. Section 61 and common law from the area with immediate effect."

"This was done very peacefully and the group fully understood and accepted the reason why the action was taken. No arrests were made and everyone was fully compliant."

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Two attack local lady

ANGLICAN PRIESTLY woman has been attacked by two men on walking route near the 70-year-old widow was leaving out of her ground floor flat window in retirement accommodation on West Street between 10pm and 11pm on Tuesday 3 July when the two tried to pull her into a taxi and watch her go. One stabbed at her with a knife coming within inches of her arm and face. However they made off easily beaten.

Both are described as white, aged at least 20, of fair build, and around 5'6 to 5'8. One was wearing blue jeans and a grey hooded jacket. Detective Sergeant Sally Leakin said: "Terminally shy, we were really surprised and she did not seek medical attention, but it was most distressing incident and she was much shaken. The thought the two would be robbers was put off by the presence of a couple passing nearby and we could very much like these people to come forward, as well as anyone else who can help with information about what happened. Please call us on our reporting number 01243 717171."

West Sussex pupils rock at University music summer school

YOUNG MUSICIANS from West Sussex schools have been given a taste of the music industry at an annual summer school at the University of Chichester.

The Chichester project saw 100 pupils from across the county work with musicians, industry professionals and song writing students to produce a song that was performed at a glamorous concert at the end of their three-day course.

The project featured pupils from Torrey Community College, The Academy Solihull, Shoreham Academy, Millarston Academy, Poling Community College and The Dagen School. The pupils' music will be used these partner schools and can music to raise

the awareness of people against a wide range of activities.

It was organised by Louise Jackson, senior music lecturer, and supported by the University's Wellbeing Participation department. Louise said:

"The purpose of the music was to give pupils a taste of university life, showing them what goes on here and what they can learn if they continue with their education when they leave school."

"There were some great songs performed at the concert, and it was clear that our pupils had put a lot of effort and thought in to the music and the way they would perform it to their fans. Chichester has become an established centre for our students, and I never had to be impressed by the creativity of the pupils."

What to expect and when

Confirmed from page 2

- First mobile air survey reported: 1.30pm
- First mobile air survey reported: 1.30pm
- First mobile air survey reported to continue out of Chichester at: 1.30pm (please note this includes a bus route stop - see below)

Route

The survey will follow a 4-point route on the A26 - Linstead Road junction with The Drive, and will continue south into Goldlands Park for a bus route location. This is not intended as a location for spectators to attend as the route will not be on view to the general public and all survey staff will be taking a break. The survey route consists of: 1. Linstead Road, 2. Linstead Road, 3. Linstead Road, 4. Linstead Road.

Travel disruption

Drivers travelling to or from the city centre road network should expect significant delays from 1.30pm until 1.45pm. Please allow extra time to travel to your intended destination.

Car parks are likely to be at a premium. Please consider making alternative arrangements to avoid congestion.

Traffic will be held on all roads north of the drive to Goldlands Park entering the A26 from 1.30pm to 1.45pm.

From 1.45pm until about 1.50pm



all traffic will be stopped from entering Chichester as the survey passes into Goldlands Park.

From about 1.50pm to 1.55pm the Linstead Road will be closed to traffic from the junction of The Drive to East Street.

From 1.55pm until about 1.50pm all traffic travelling in the vicinity of The House and Martin Street will be stopped for a short time to allow the survey to travel along St Francis.

From 1.50pm until 1.55pm all traffic on roads surrounding St Francis and St Paul's Road will be held at the junction until the survey passes.

Parking suspensions will be in force from 1.30pm on Sunday 12 July along St Francis in the junction with St Paul's Road. No parking will be permitted.

Westgate Leisure Chichester Open Day

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Chichester District's **BIG** month July 2012

Triple transport boost for Chichester

West Sussex County Council has secured significant funding from the Department of Transport to help encourage greater sustainable travel around the county.

The authority made three-million-pound bids to the Department of Transport's Local Sustainable Transport Fund.

The County Council was awarded £2.4m for its three-year 'West Sussex Sustainable Travel' project.

The money will be invested in Chichester and Hove as public transport interchange facilities, cycle routes and pedestrian facilities, and measures that encourage people to change the way they travel.

County Council Cabinet Member for Highways and Transport, Peter Brophy, said: "It is believe that funding will help promote economic growth as both towns while reducing carbon emissions."

"The Department of Transport has decided

that allocating money for Chichester and Hove will benefit these areas, so this is a valuable opportunity to make improvements."

West Sussex County Council, national parks authorities for the South Downs and New Forest, local transport authorities and West Sussex County Council together secured £3.5m to invest in transport infrastructure and initiatives which support tourism in both national parks.

The money will be invested over the next three years to create cycle and walking routes to stations and to upgrade bus and rail facilities and provide information to help us get around.

The County Council has also secured additional investment for 11 miles to school routes, which encourage greater numbers of West Sussex school pupils to walk to and from school.

New measure for nightclub

AN AGREEMENT has been reached between Sussex Police and a nightclub in Brighton, which was under threat from closure as a result of numerous incidents of violence and disorderly behaviour, has today been notified by Area District Council's Licensing Committee.

Club Loath, on St. James Road, had been brought to the attention of police on numerous occasions following reports of serious assaults, fights and disturbances. Despite a meeting in February between the police and managers of the club, further incidents of violence were reported to police.

An application to renew the licence was submitted to Area District Council in May and a ban of the continuing behaviour

of club goes. Following negotiations, discussions were undertaken by the police and the premises licence holder, resulting in an agreement which means the club remains open but under stricter operating conditions.

New conditions for the club include: Operating on a strict 11pm - 11.30pm policy; Stopping the sale of alcohol half an hour earlier (from 10.30pm to 11.00pm); Employing fully trained door staff from an external security company; Implementing a drug policy; Implementing a dispersal policy with Sussex Police, Brighton CCTV.

Club Loath will be closed for a period of one week - effective from the end of the three week appeal period - during which time the new measures are put into place.

Accidents cause injuries and delays

CONSIDERABLE road delays in Chichester on Tuesday after two accidents near the Poldenham roundabout.

The first happened at 10.45pm on the eastbound carriageway of the A101 after a three-car crash left a woman trapped.

There was one female driver and one of her car and she was taken to St. Richard's Hospital in Chichester for treatment.

A man driving another car suffered minor injuries and was taken to hospital, while the third driver was not hurt.

Later in the day, a 14-year-old boy was hit by a car to Chichester Way at around 5.30pm.

Emergency crews attended the scene with the boy being taken to hospital for cuts to his head.

There were long tail backs in all directions near the Poldenham roundabout as motorists left work during rush hour.

Meat and push bike stolen from Bognor garage

AN APPEAL has been made by Sussex Police after the theft of an 11-year-old Raleigh bicycle and numerous items of meat from a garage in Ellfield Road, Bognor, sometime between 24 June and 3 July.

A police spokesperson said: "On the evening of Sunday 3 July the homeowner found a room empty and saw a person wearing a grey hooded t-shirt and a neighbouring wall. When her partner looked

out a few minutes later the person was gone."

A few days later they discovered their three-year-old Raleigh gone along with a quantity of meat from a chest freezer, that had been frozen open.

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Cabinet Member for Finance looks forward

West Sussex County Council as well as Yeast. It will be our two biggest targets of £2m within over three years down to 'the last penny'.

Cabinet Member for Finance and Resources, Michael Brown, was speaking after a meeting that looked at the latest performance monitoring report following the closure of the Council's accounts for 2016/17.

He said: "Last year we achieved our savings target down to the very last penny. "We are only a few months into the 2017/18 financial year. There is no doubt that we are facing even bigger challenges in the year ahead, but I have every confidence that we will deliver our year two savings in this and will go on to meet our final target."

"I would also want to assure you that whilst we have had to reduce some services and reshape others, the largest part of our savings package comes from our own efficiency and new ways of working."

"It has not been easy and I am grateful for the very hard work of our staff."

Michael also spoke about the importance of maintaining the Council's reserves fund at a prudent level, saying it would help act as a vital buffer for the future.

He said: "The future is very uncertain, and we would be bringing in a final package if we were to look at the Government's plans as suddenly going to increase again, particularly given what the Governor of the Bank of England said only last week about the financial crisis continuing for another five years."



"The majority of money we hold in reserves is there to fund the commitments, and long term contracts we have already entered into in order to improve services for our residents such as our Street Lighting PFI contract and the waste Materials Recovery contract."

"Our reserves give us the flexibility we need to ensure we can respond to future demands during any tough economic times, without having to resort to bank savings in council tax."

"Over the years we have reduced all the council's money in the reserves fund, we have put that money available in the general fund, which may sound like a large amount but, in practice, would in fact only cover the cost of running the entire County Council for just 10 years."

"That shows the size and scale of the council's costs."

West Sussex school scoops first prize in prestigious national competition

FOUR pupils from St Anthony's School in Chichester proved themselves 'outstanding champions' by winning a national quiz competition on a head-to-head basis.

Lucie Brown, Kristopher French, Joseph Kington and Lee Jackson were crowned winners of the national Governor Challenge Quiz competition, which took place at the Trading Standards Institute conference in Manchester last week.

The team – representing 'The Traders' – held their nerve during a time-pressure quiz to claim the title.

Each team member was a laptop and answered a question, while the school was presented with a trophy.

The competition takes place each year at the Trading Standards Conference and draws together teams from all over the country who were through regional heats. The St Anthony's School team earned a place in the final back in February at Regency and How Alton's American Regency Community students, where they won the 'West Sussex' lead, sponsored by Regus Hall, building 'York Conference member' Mark Smith's Services.

The Governor Challenge Quiz, which has been running for 45 years, is aimed at testing children who attend special schools across the nation.

The questions are formulated with a



special needs background and are designed to test the children's knowledge and understanding of food and drink, personal safety and health issues.

Many of the children who attend are travelling and staying away from home for the first time, which is a vital part of the experience.

The team were flown home the same day and their victory was announced over the television by the pilot.

A celebratory assembly was also held when the four winners received their trophies. County Councillor Cabinet Member for Public Protection, Christopher Ward, said: "This was a fantastic result for St Anthony's and we are very proud of the pupils' achievement."

"It is very important that our young people develop the necessary skills to become confident consumers both now and in the future."



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The South Downs Wood Fair - A great day out for the whole family!

PREPARATIONS are well under way for this fantastic event. With games, exhibits, attractions and entertainment that even the Wood Fair can't be beating together with refreshments, fun and more.

Set once again in the picturesque Queen Elizabeth Country Park, near Farnham, the South Downs Wood Fair will run July 1st and 2nd. The organisers of the Wood Fair, Paul Balfour, said: "This may be a 'Wood Fair', but most of us recognise the only reason for this is to attract everyone." As well as all the displays and entertainment, the Wood Fair will focus on all aspects of wood, its products and its uses. Visitors will be everything from large machinery to small scale craftsmanship. But there will be lots of other attractions and plenty of refreshments for all the family.

Children's activities, support crafts displays and working bees will be among the many wood-based displays there will also be a wonderful range of other stalls and exhibits on show. There's a fantastic children's farm with everything from old land ponies to sheep and goats. And there's forest racing with a difference – the ferrets race against the children!

Craft outlets, artists and designers as other attractions are a fitting feature and the craft marketplace is not to be missed. Try your hand at pottery or learn about sustainable living at the Chichester College stand.



For more active nature, there's a spectacular climbing wall, 'Have a go' archery, and a structure for the children. Although all that, there will be lots more to make the day special. You'll find lovely food, entertainment and music as well. Look out for the demonstrations and workshops and expect some magical surprises. This really does sound like a great family day out and if there's any rain, there's always the Chichester and the refreshments tent.

The gate will be open from 10am on Saturday and Sunday and end mid July. Admission at the gate is Adults £5, Seniors £3, Children Free. Parking is free too!

Donated advice tickets are available at Queen Elizabeth Country Park until July 15th.

For information, visit www.southdownswoodfair.co.uk or call 01243 817400.

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- Glass & Metal
- 1000mm

1000mm x 1000mm x 1000mm
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BURN 10 x 10
£470

- Green 600 Shingles
- Plastic
- Glass & Metal
- 1000mm

1000mm x 1000mm x 1000mm
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• 1000mm x 1000mm x 1000mm



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- Green 600 Shingles
- Plastic
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1000mm x 2100mm x 1000mm
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BURN 10 x 10
£470

- Green 600 Shingles
- Plastic
- Glass & Metal
- 1000mm

1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm
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BURN 10 x 10
£602

- Green 600 Shingles
- Plastic
- Glass & Metal
- 1000mm

1000mm x 1000mm x 1000mm
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BURN 10 x 10
£679

- Green 600 Shingles
- Plastic
- Glass & Metal
- 1000mm

1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm



BURN 10 x 10
£889

- Green 600 Shingles
- Plastic
- Glass & Metal
- 1000mm

1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm



BURN 10 x 10
£215

- Green 600 Shingles
- Plastic
- Glass & Metal
- 1000mm

1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm



BURN 10 x 10
£1189

- Green 600 Shingles
- Plastic
- Glass & Metal
- 1000mm

1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm



BURN 10 x 10
£439

- Green 600 Shingles
- Plastic
- Glass & Metal
- 1000mm

1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm



BURN 10 x 10
£490

- Green 600 Shingles
- Plastic
- Glass & Metal
- 1000mm

1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm



BURN 10 x 10
£1045

- Green 600 Shingles
- Plastic
- Glass & Metal
- 1000mm

1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm



BURN 10 x 10
£1140

- Green 600 Shingles
- Plastic
- Glass & Metal
- 1000mm

1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm
• 1000mm x 1000mm x 1000mm



BURN 10 x 10
£608

- Green 600 Shingles
- Plastic
- Glass & Metal
- 1000mm

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Brian steps into office hot seat

LEIGH Dines, Ashfield town's new elected President of Chichester Tennis Club. He received his badge of office from Past President Vince Poole at a small evening ball at The Park Hotel on Tuesday 3 June.

Dines and his wife Gabriella are well known in the community having lived at Chichester all their lives. A local tennis man with two sons living locally, who both regularly support Chichester Tennis Club. At Chichester tennis there is 50th chance that Father's Chichester is an Ashfield.

Before his retirement he was a group fitness officer at Chichester Airborne Station, where he served for thirty-one years.

Dines has been an active member of Chichester Tennis for twenty-one years, during which time he has helped organise the various hand racing activities and in particular has been responsible for the Christmas Carol Ping which is taken around Chichester during the festive season. His most recent achievement was to organise a very popular support for the Ashfield which was subsidised with the Tennis logo "We serve" will be involved in the summer festival raising activities to the City including tennis the Christmas Stage.

Crane Street gateway - Chichester design competition winner announced

CHICHESTER City Centre Partnership has announced that Joanne Calvert, the golden art officer from Southleigh Borough Council, has been selected as the winner of the Crane Street Gateway competition.

Following much deliberation, three companies were shortlisted from the 12 submissions received for the competition and they were Adam Richards Architects, Colleen Architects and the winner, Joanne Calvert. The City Centre Partnership (CCP) is committed to developing a number of schemes that support the local business trading environment over the next five years which were highlighted last year in the Business Improvement District business plan. "A lot of money of the UK's high streets have suffered in the past few years, Chichester has been one of the best performing business centres in terms of visitor numbers and retail activity and the City Centre Partnership will aim to maintain or even improve on this with a series of schemes, the first of which is the Crane Street Gateway Project.

CCP received 60 proposals of interest in response to the invitation for new public art and of these, 12 submissions were provided for consideration as solutions to the crane faced by businesses on Crane Street which have been highlighted as a way of identifying Crane Street and

attracting people to the street and are what there is:

- a hanging sign system, whereby each business has a new hanging sign with matching brackets to support the signpost design;
- lighting art on the street;
- the installation of a monthly agreement market to the street.

Judge included the businesses of Crane Street and by organisations on the city centre who selected the shortlisted designs on their aesthetic appeal, their practicality and the likelihood of implementation.

At the end of the judging process, Joanne Calvert from Southleigh on Crane Street announced: "It was a really difficult decision, but eventually we saw a clear winner that met Crane Street's requirements, was realistic and could definitely be implemented. Joanne Calvert's design is really strong and will definitely make people look again at Crane Street and what it has to offer."

Every business, of course, has a role and a Director of the City Centre Partnership adds: "It's easy to be creative and fearful with competition like this, but in order to make a difference to Crane Street, we needed

Crane Street gateway - and seeing Crane Street from a new view



to believe the idea was realistic in terms of planning permission, practical and the likelihood of it actually happening, otherwise it's just lip service." Every business, describing the installation, "The two metre high metal hand fence out of Crane Street will really make people a attraction as they're walking up or down Crane Street. They'll be expected to take a closer look."

Two years of business improvement District levy money will be invested into these schemes to improve Crane Street and Crane Street businesses are working hard together to make it and promote the street collectively. There will be a full presentation to the businesses about the winning design at their next working party meeting.

Emsworth woman pleads guilty to benefit fraud

ASHFORTH (17) court has been ordered to make this community work after being guilty of benefit fraud.

Dorothy Rose, 40, of Thatchdown Green, Emsworth, had claimed Housing Benefit, Council Tax Benefit and Income Support amounting to £1,000 a month between April 2009 and May 2011. However, she failed to declare that she had a working partner living with her, who she had married in 2009.

Mrs Rose pleaded guilty to four charges of dishonestly failing to notify Chichester District Council and the Department for Work and Pensions of a change in her circumstances.

Magistrates at "Harding" sentenced her to perform community work for each charge, to run concurrently.

Councillor David Kinsley, Cabinet Member for Corporate Services and Communities at Chichester District Council, says: "If you are caught of benefit payments and your circumstances change then please let us know as soon as possible. Our officers can then check whether this affects your benefit. It can be very uncomfortable to do this if you



confrontation with the courts, but you must also tell us if they change for the better. "The benefit system is there to help those most in need, not those who want to abuse it by claiming money they are not entitled to. Benefit fraud is a very serious crime and we will continue to prosecute those people guilty of it."

Each Chichester District Council and the Department for Work and Pensions will seek to recover all overpaid benefits.

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Castle chef reveals a Harry Potter secret

DAVID PERIN has cast a magical spell over visitors at Arundel Castle and now the secret is out about why his ingredients are going down so well with visitors to the sixth century edifice.

Daniel in the Castle's Head Chef has previously worked on film sets including the first Harry Potter film - *Harry Potter and the Philosopher's Stone*. Not one to brag about his wizardry, David said he never met child star Daniel Radcliffe but did some pretty close. Among the sets he worked on were those set in the Hogwarts School of Witchcraft and Wizardry's Great Hall and on Platform 9 and 3/4, where wizard school leavers leave for wizarding school on the steam chugging Hogwarts Express.

"It was a big job for the company I was working for at the time," David explained. "I lived around about eight months. The sets were really big, there could be up to a thousand people when we were on the studio and maybe three hundred or so when we were on location. For the entire week, Harry, Hermione and Ron still did their school work and when not sitting in the Great Hall, we had to work through the night preparing all the food so that it looked authentic for filming the next day."

David said all the stars of Harry Potter and the Philosopher's Stone had doubts who would really be alongside them, making it confusing to know if the person you thought



you had seen was the real Harry Potter, Ron Weasley and Hermione Granger or not. However, two years before the release of Harry Potter and the Philosopher's Stone, David built out Harry's other star Daniel Radcliffe on the film set of his first big film, David Copperfield, when Radcliffe played the film's namesake in his youngest years.

"The Philosopher's Stone was such a large project that you didn't really see the stars just I did meet Daniel Radcliffe when he was David Copperfield. There were a lot of other stars in that film too, Bob Odenkirk,

Parsons Gierke, Michael Elphick. But Harry Potter was good because it was such a landmark film and it was great, looking back, to have been part of the making of the first movie like that."

David, who emigrated originally from Harington Hill in London, said his job at Arundel Castle was quite a contrast to cooking up a feast for several hundred young witches and wizards not to mention leading them and all the film crews several times a day on sets and locations. "Working on jobs like that usually means you can go



David Perin, Head Chef at Arundel Castle, who has worked on film sets including Harry Potter.

on three or four in the morning to start the preparations and you're not back until eight or nine at night. The Harry Potter job was about 10 hours a week so working here at the Castle is a little easier than that."

David says he has never turned his back on magic and loves his 'magical' role as Head Chef at Arundel after years of working on film and TV sets that also included The Bill and EastEnders. His secret ingredient was some of the very best produce that can be sourced locally in Sussex and from the Castle's Kitchen Garden, where organic vegetables are grown alongside the more showy specimens that adorn the flower beds in the different 'rooms' of the gardens.

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Dinner - 5:30 noon - 10:30 pm

Adult £13.00

Child under 150cm £6.50

Friday - Saturday

Lunch - 12:00 noon - 2:30 pm

Adult £7.20

Child under 150cm £3.60

Dinner - 5:30 noon - 11:00 pm

Adult £14.00

Child under 150cm £7.00

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Monday - Saturday Dinner

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Apprenticeships Celebration and Awards 2012

CHICHESTER College held their annual Apprenticeships Celebration and Awards evening on July 5th, 2012, where both apprentices and employers were recognised for their hard work and commitment.

The College also kept lists of all schools of the apprenticeship scheme, working as partnership with around 200 employers from across the South East and training over 1,000 apprentices each year.

Employers attending the evening included: West Sussex County Council, Universal Rave Technologies (UK), Ralby-Royce, Bubby and Elton, Milford Electrical, Pannasda Group to name a few.

Chichester College Assistant Principal, Mary Telford, was delighted by the turnout for the night. "It was a fantastic evening celebrating the work that apprentices and employers do together to develop vital skills for their mutual benefit. As a College we are committed to supporting apprenticeship as an excellent route into work or to develop skills in a new area. It is lovely to hear so many success stories from people who have taken this opportunity to become skilled employees and to leave their businesses that have been able to develop high quality, loyal staff."

Awards were presented to both employers and apprentices. Apprentices

were asked if they wanted to nominate their company for an award and businesses were asked to nominate their apprentices.

The employer award for commitment and achievement of apprenticeship was presented to Roger Seggs based UST and was collected by Richard and Training Director Kevin Strimett. UST were contacted by two of their current apprentices, Josh Cusack and Dan Brook. These nominations read: "10 of apprenticeship training has opened many doors for us with lots of opportunities to try out different jobs. The company have given us a comfortable and training place to work and have changed our lives in so many ways, all for the good."

Karen was delighted to pick up the award and quick to praise her apprentice. "I've really got to congratulate my apprentice for this award," he said. "For the type of work we do, it is difficult to find the skilled labour we require. Therefore, we have always adopted a strategy of training our own so we can guarantee the quality of our team. Without the apprentices, this would not be possible so my thanks should go to them."

"I've had eight Chichester College apprentices so far and am expecting a further five to start in September. We've always worked closely with the College, and Engineering lecturer Steve Scallan was an



during the summer holidays to keep up to speed with the work we are doing."

The Apprentice of the Year went to Kevin Strimett, as, who was nominated by his employer Pannasda Group. Karen was their first apprentice and they found the experience so positive that they have taken on a further four apprentices, with a fifth apprentice due to start in September.

Karen said: "Being an apprentice has been great because I've been learning whilst working and earning proper money. If it

wasn't for the skills I've learnt from my apprenticeship I wouldn't be as confident as I am now."

"I had absolutely no idea I'd win and as the award was announced I was literally shaking. I'm really shocked but happy that they've noticed how hard I've been working."

The evening was a celebration of the hard work that all parties put in and was a great opportunity for the College to highlight successes of exceptional performance.

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FACT



Aldingbourne Trust's Wood Recycling Project is part of an award-winning network

THE MORE of community wood recycling activities the Aldingbourne Trust, a local charity based near Chichester, was recognised at this year's local Recycling Awards when their local wood recycling project (WCRP), was named Materials Recycler of the Year at the annual and national award ceremony.

The local Recycling Awards annual conference at the recycling sector, and celebrated the hard work of the WCRP and its members in keeping over 3,000 tonnes of wood out of the waste stream since 2007 through its National Builders Collection Scheme. This scheme is a pioneering response to the need to deal with wood waste produced by the building industry in the most sustainable way possible. By collecting and sorting waste timber and selling wood which is reusable back to the public, the Aldingbourne Trust's wood recycling project and its other enterprises nationwide are able not only to save resources and reduce demand for virgin timber but also to provide valuable work and volunteering opportunities for disadvantaged people.

The Aldingbourne Trust's wood

recycling project is based at the Aldingbourne Country Centre, near Pooleville and by being an enterprise clearly they support people with learning disabilities to have the same opportunities as everyone else to live independently and develop skills to gain employment.

The wood recycling project is just one of the many social enterprise work has been running for over a year and collects waste wood from local businesses, that is a cheaper alternative in being a shop and the waste does not end up in landfill. It also collected a rejected area wood products such as computers, hard drives and laptops. The centre also has timber and wood bought for sale for customers to buy natural pieces of wood at resident prices. Adults with learning disabilities train and develop skills within the project and are fully employed in all of its operations from collecting wood at the site, sorting to sorting up wood recycled products for customers to buy.

Richard Mahood, Managing Director of the WCRP said: "The judges commented that this year's competition was fierce, with the most and best new records. We are extremely proud of our



member enterprises around the country whose hard work and professional service to customers has been recognised by the highly prestigious award. We would also like to thank our clients who have supported a new way of dealing with wood waste which saves resources and creates work and training for disadvantaged people."

Julia Green, Wood Collections Coordinator of the Aldingbourne Country Centre Wood Recycling Project commented: "It is really proud to be part of the award winning team."

New nursery scheme for practical course in conservation

CHICHESTER Heritage Trust, established to promote, preserve, improve and encourage the appreciation of the architecture and natural heritage of Chichester, has launched a Nursery Scheme through actual sponsorship from The National House Association in cooperation with West Dean College near Chichester. The new scheme places to the further training and skills in selected young people working as a nurse in traditional building skills.

The new scheme will accept applicants as Paul Holmes and Thomas Temple, who have just completed a Level 3 Diploma in carpentry at the Central Sussex College in Crawley. As a result of the Nursery Scheme they will be able to go on to attend a three-day residential course on Conservation and Repair of Timber run by West Dean College.

The course provides an extensive introduction to historic timber-based structures. It begins by examining the original methods of framing and construction, their construction as problems, failure and methods of repair. Most of the course is run at The Wood and Groundwork, for the Museum of the City of London.

The Course Leader, Richard Hill, is a former Director of the Museum and a visiting Professor of the University of Chichester, whilst the Principal Tutor, Peter McCarty, trained architects and has long specialised in repair projects, one of his company's most important aspects being the reconstruction of the Old Town.

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Monday 9 July
Opening of The Neeson
The new shop, The Neeson, at 100 St. Michael's, Chichester, will be open for the first time. The new shop is a great addition to the area, as it will be a great place to buy your groceries and more. (www.chichester.gov.uk)

Monday 16 July
Nature's Way Feeds Junior Aquathon

Monday 23 July
Nature's Way Feeds Chichester Triathlon and 'Try a Tri'

Monday 30 July
Olympic Torch Relay

Tuesday 10 July
Lore Parks Week
The Lore Parks Week, a series of events, will be held in the Lore Parks, Chichester, from Tuesday 10th to Sunday 15th July. (www.chichester.gov.uk)

Wednesday 11 July
Free Open day at Westgate Leisure Chichester
Westgate Leisure Chichester will be open for the public to visit and see the new facilities. (www.westgateleisure.co.uk)

14 July weekend
Summer of Sport
The Summer of Sport, a series of events, will be held in the Lore Parks, Chichester, from Friday 13th to Sunday 15th July. (www.chichester.gov.uk)

Other events
Chichester District's Summer of Sport, a series of events, will be held in the Lore Parks, Chichester, from Friday 13th to Sunday 15th July. (www.chichester.gov.uk)

The Amazing Spider-Man (12A)

★★★★★
FOLK out of 10 stars

Running time: 136 mins

Director: Marc Webb

Starring: Andrew Garfield, Emma Stone,

Rhys Ifans, Martin Sheen, Denis Leary,

Sally Field, Brian Koppelman

Simply enjoyable superhero reboot that works surprisingly well, thanks to a sufficient number of changes to Sam Raimi's iconic version, great special effects, a superb script, decent action sequences and a pair of terrific central performances from Andrew Garfield and Emma Stone.

What's it all about?

Directed by the aptly named Marc Webb (you type of Summer), The Amazing Spider-Man is essentially a reboot of Marvel's Spider-Man franchise, taking the character back to his school and reinventing his origin story, only with a different villain and a new girlfriend. Andrew Garfield stars as high school outcast Peter Parker, whose inner secret is his Uncle Ben (Martin Sheen) and Aunt May (Sally Field) soon face mysterious arguments (Campbell Scott and Stanley Tucci) were killed in a plane crash.

Then he visits the lab of his father's



old scientist Doctor Curt Connors (Rhys Ifans), Peter is bitten by a radioactive spider and soon finds himself developing spider-like ability, reflexes, speed and proportional strength. After his Uncle Ben is killed by a criminal Peter failed to stop when he had the chance, he dedicates himself to a life of continuous selfless crime fighting, naming himself Spider-Man and building a set of working web-shooters

allowing him to swing around New York.

At the same time, Peter falls for classmate Gwen Stacy (Emma Stone), whose father Captain Stoltz (Denis Leary) has targeted Spider-Man as a vigilante, while Doctor Connors has rejected himself with a lizard DNA-enhanced serum intending to regenerate his lost arm and instead transform into a scary reptile known as The Lizard.

The Good

Andrew Garfield is a perfect Peter Parker, generating strong chemistry with Emma Stone's gorgeous Gwen Stacy and convincing both as high school outcast and war-cracked contained crime fighter (a strong element from the source that was absent from Raimi's films). Stone is equally good as Connors/The Lizard and there's terrific support from Martin Sheen as Uncle Ben, even if the film drops his "With great power comes great responsibility" line.

The Great

The superb script gets the balance exactly right, delivering romance, logic, tragedy, angst and superhero-based duels in equal measure, as well as making some fascinating connections to Raimi's films, such as restoring red web shooters. In fact, the only problem is that a single of key plot elements are left dangling, though these don't detract from the overall enjoyment.

With scoring?

The Amazing Spider-Man is a largely enjoyable, pleasantly surprising superhero adventure that ticks all the right boxes and justifies the decision to reboot the franchise in the first place. Highly recommended.

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LAURA AND JULY FROM CHICHESTER IS THE WINNER OF THE PLANK, COURTESY OF THE SHIP HOTEL CONGRATULATIONS

West Sussex Services Showcased At Food Festival

Visitors to the modern 'Taste of the World' will be able to sample a selection of West Sussex food and drink at the 'Taste of the World'.

West Sussex County Council will be at the Food Festival, at Farnham Park on Saturday (July 14) and Sunday (July 15) to help champion local produce.

Chichester, the county's food and drink industry, and the 'Taste of the World' will also be at the festival, offering visitors the chance to taste their products.

Both services are also present for their locally high quality produce, so that as opportunity for visitors of all ages to put things in the taster's basket.

Taste of the World, at Farnham Park

Recognises all weekend, with open from 10am to 5pm on both days. Visitors to the festival will be able to sample a selection of West Sussex food and drink at the 'Taste of the World'.

Organised by SP South Events, the festival is designed to be a celebration of food and culture from around the world.

Among the many activities on offer, celebrity chef Juan Carlos Ruiz will be running demonstrations and taking part in a question & answer session throughout the weekend.

To find out more about school meals or meals on wheels, visit the Council website at www.westsussex.gov.uk.

For more information about 'Taste of the World', visit www.tasteoftheworld.co.uk.

Free open day to celebrate Westgate Leisure Chichester's 25th birthday

WESTGATE LEISURE CHICHESTER is celebrating its 25th birthday with a free open day on Sunday 10 July. A special 25th birthday disco will be on site at Cade Burren and most pools will be refreshed for the day.

West Sussex Fire Brigade and South East Coast Ambulance service will also be at the centre to offer members of the public to see around their emergency vehicles.

The open day, from 10am to 5pm, will offer lots of free activities including swimming in the main pool, outdoor fun areas, sports and 11m x 11m for children, racket sports, team building and more football and rugby water sessions, water sessions of

swimming and aquatics, and baby splash and touch-and-feel water and young children.

Councillor Helen Lovell, Cabinet Member for Leisure, Wellbeing and Community Services at Chichester District Council, says: "For 25 years Westgate Leisure Chichester has been at the heart of the community. The free open day is a chance to celebrate that milestone. If you haven't been along to the centre in a while this is a great chance to see what is on offer. The open day offers something for all ages and sporting interests, so pop along and enjoy a great day out. You may even discover a new sport or class that you'd like to take up."

What's sweet and is coming to Chichester this Summer? The Vintage Parade!

THE AUTHENTIC Vintage Parade returning to Chichester, the home of the most prestigious vintage event in the UK, The Goodwood Festival. The Vintage Parade was set up to give the local people of Chichester and surrounding areas an opportunity to see the charms of vintage-style vintage fashion and accessories.

The Vintage Parade was a new provision of events evening quality time. They know how hard it is to source that unique and quality vintage piece. That is why they are putting this event especially for you. All of your

vintage pieces have been assured.

To complement the event, they have organised and sourced some of the best selection of vintage vendors. No need to go to London for the day - affordable and well-served items will be available for you to see, see and purchase.

The fair aims to bring together a community that loves vintage culture. History at Chichester, Council House, Assembly Room on Saturday and July 10th. The most places to bring vintage and Vintage together - let's hope there is lots of

attendants!

Enter and join in for the day for vintage items, live music, a Beauty Salon and a garden adorned Tea Pavilion. Come along to be inspired by the Vintage - a mixture and games to be played. There is also an opportunity to learn to make tea tapping live music.

A perfect chance to spend the day with your family or friends.

If you would like to be involved or even along please check out The Vintage Parade website



www.vintageparade.co.uk or contact info@vintageparade.co.uk

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Sainsbury's backs fair pricing for British dairy farmers

• Customers expect farmers to be paid a fair price
 • Paying a price above the cost of production is vital for the long-term sustainability of the dairy industry
 • Sainsbury's Dairy Development Group (SDDG) farmers are committed to animal welfare and environmental excellence

As Peter Kinnell, President of the SDDG, today called for action on British dairy prices and highlighted the problems in the wider dairy industry, Sainsbury's reinforced its commitment to paying a fair price to its farmers.

Mike Goss, Group Commercial Director at Sainsbury's, said: "For the last five years we've paid a premium to our farmers meaning they receive a price that goes from a fair return, to one that British dairy farmers were under huge pressure, with vehicle input costs and uncertainty.

Our farmers have a guaranteed, independently verified contract price. This protects them from the volatility of the market price and allows us to ensure their dairy. It means SDDG farmers can focus on milk volume and quality. From an early start, the standard farm price paid by Sainsbury's increased to support farmers' increased input costs due to our farmers."

Food production measures outlined

REDUCED could grow more space and challenge for farmers as the climate changes as part of efforts to make the food system more sustainable, a Government report has suggested.

Significant amounts of energy would also be saved if more energy-efficient systems were created, according to the Green Food Project which looks at how to produce more food at the same time as protecting the environment.

The project examined how production and consumption could change in five areas - wheat, dairy, beef, pork and sheep.

A report for the Government last year predicted while the world's population would hit nine billion by 2050, and food production would have to increase by 70% as the face of the rice in population, obesity and warmer cost and dairy-rich diets. It also estimated that between 2000 and 2050 all food grown worldwide may be wasted.

The initial report from the Green Food Project, which brings together farmers, manufacturers, retailers, scientists, environmentalists and activists, outlined recommendations for sustainable farming including engineering research and development of innovative technology in the sector.



Farming minister Jim Paice said, "In this increasingly hungry world, every country must play its part to produce more food and improve the environment. Britain already produces more on weight, but we're a small island with limited space, so we've got to share knowledge and play to our strengths more effectively."

"If we're not talking about setting smart targets but an overall approach to which the whole food chain pulls together. Whether it means embracing new farming technology or people working less, we've got to become more sustainable."

But DEFRA said the project needed to be radical and ambitious and not just about cutting costs, and raised

concerns over a lack of specific targets and milestones.

The Wildlife charity also warned it was a "bad error" to try to ramp-up food production without addressing underlying issues with waste and diets, and said manufacturers and retailers should play a key role in lowering demand for the food.

Mark Greenall, head of DEFRA's food programme, said: "We support the sustainable approach taken by the Green Food Project and... very small first step. However, what's really important is the need to take action across more products more rapidly and sustainable food system which addresses the two global challenges of our viability and hunger."

McDonald's & Coke defend Olympic choice

MCDONALD'S AND COCA-COLA have defended their sponsorship of the Olympic Games after criticism about their involvement was levelled at the brands by the president of International Olympic Committee.

James Huggins said in an interview with the Associated Press that the growing levels of obesity had led to a "quest for work" over the two brands' sponsorship of the Games. He added that the choice to renew McDonald's sponsorship deal in particular was "not as easy as it seems."

A McDonald's spokeswoman says the company's corporate public health work is more than enough to ensure that such deals are not seen as endorsing obesity.

The aide "thoroughly it's up to individuals to make the right food, drink, and activity choices for themselves and our broad range of consumers is a variety of ages, together with the nutrition information, ensure that customers can make more informed choices."

The Games are set to be the "biggest arena operation in the world." McDonald's claims that not many businesses could run to such a challenge and provide "high quality service and quality and safety."

James Huggins, Olympic portfolio director

at Coca-Cola Great Britain, says the value of Coca-Cola and the Olympics are "intrinsically intertwined." Coca-Cola has sponsored the Olympics since 1928.

He adds: "The Olympics gives us an opportunity to demonstrate what the modern business is all about and allows us to embrace and showcase sustainability."

The company is also offering the "water portfolio" of products at any Games, 70% of which will be water, juice or reduced sugar variants.

Coca-Cola is looking to drive a recycling message around the Olympic Park. It aims to turn every soft drink pack recycled within the venue into a new bottle, which will be back on shelf within six weeks of consumption.

Both companies have also highlighted the social impact their sponsorship will have after the Games.

McDonald's is training 70,000 Great Britain and Ireland staff with nationally recognised hospitality qualifications as part of its legacy activities. Meanwhile, Coca-Cola is working with local food banks to create a model to demonstrate the social return on investment its sponsorship will bring from areas such as its 2012 Olympic youth sports project.

Rihanna's huge order forces eatery to close



SINGING Rihanna, who performed at the Barclays World Live Festival, recently ordered so much food from a Portuguese restaurant that they had to close the shop.

Rihanna ordered everything from the restaurant and asked for it to be delivered to her private backstage area. The restaurant

backstage was that her massive order cost around 2,000 pounds. Restauranters are quoted as backstage as saying:

"The restaurant had to shut their doors for the remainder of the day when they had no more left. Everyone was laughing, saying that only Rihanna could do this," added the source.

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remoulade, beetroot and orange chutney, fragrant marinated fresh baked bread, the list goes on and on. Fabulous as a starter or a main and delicious with a stunning bottle of chilled wine or maybe some bubbles in the restaurant, bar or 'garden'. Put it there

we have also created a vegetarian and/or vegan or you may like to dive into a gooey baked camembert. All these great new dishes can be seen on our website www.theshiphotel.net or better still at The Ship Hotel in North Street right in the very heart of Chichester.



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The Beauty of massage

THAT I was awestruckly moved brought me a thank you present? It was the most wonderful gift as I would never think about having myself a massage, but actually why not? Shouldn't it be part of our weekly regimen in the same way that we go to the gym? There are so many health benefits to getting a massage and it should be mandatory. Having children, the art of massage is so important in teaching them about health. Wouldn't it be wonderful if it was part of our education system? Can you imagine how calm and relaxed the schools would be? A five-minute head massage can make all the difference in our day. We have all had the experience at the hairdressers where the hairdresser is being massaged into the scalp and we don't want it to end. Well, that's if your back isn't breaking off at the neck so why not a few head massages at work a day? "Why not associated with perfume?" It should be associated with health.

Whatever your age your body requires massage. From the beginning of time, human skin contact among all creatures has created unity and, the more intimate of which is love. Each one of us requires constant loving physical contact, the exchange of which elevates and ennobles the



Denise Kelly

functioning of every system of our bodies. This is a fact. Although styles of touch are unique to cultural customs, appropriate therapeutic touch, and its many benefits, is universal. Individual forms of touch from a variety of cultures have created unique kinds of massage and bodywork that we see today.

If you think about how it works, the loving supportive application of hands to body begins at birth. The young mother or family member that delivers the baby, then holding him / her close to the mother and before or during family members, whose warm hands convey that they are loved and welcomed. A profound and positive memory that stays for life with that child and becomes a feeling of comfort for ever more, even with something as simple as holding hands.

Massage is defined as the use of hands to stimulate or soothe the soft tissue of the body

for therapeutic purposes. Massage can be used for easing pain, reducing stress, and relieving discomfort, but can also be used for renewing and maintaining mental, emotional and spiritual balance. It also stimulates the lymphatic system, allowing toxins to be eliminated out of the body through its natural sources of elimination which has many health benefits of its own. Massage reduces physical resistance, promotes health and increases resistance to disease. It can increase flexibility and range of motion, and can also help to reduce inflammation, increase the mobility of joints and improve muscle tone and circulation. It is great for muscle stimulation and problems with nerves.

The application of pressure upon the tissues in the muscles, enabling the blood to stretch and relax. This allows the blood to flow freely, releasing pressure both from the blood vessels and from the rest of the body. The increased circulation allows greater flow of oxygen and other nutrients to affected areas. It also helps the body to rest, not only



during activity but also when we sleep. To be healthy, you must be constantly looking at ways to support and renew the body. Massage is a great place to start...

Denise Kelly is a BANT (British Association of Naturopathic Therapists) registered Naturopathic Naturopathic Therapist. She runs Nutrition Programs for a variety of organisations and has a private practice in Chichester, West Sussex and is the founder of E4 Fit Kids. Tel: 01243 781810 www.denisekelly.co.uk

Pay after death care plan unveiled

FIDELITY'S moving confidential care will be given state loans as they do not have to sell their property automatically under new plans.

People will be able to borrow money from outside of financial markets, with the sum being paid back after their death.

The scheme, being unveiled across England in April 2012, is intended to help around 400,000 people each year who are forced to sell their homes to cover care costs. Since local authorities already operate similar arrangements, but promote "care" rather than "care".

The announcement is part of a raft of proposals being published by Health Secretary Andrew Lansley. It emerged over the weekend that cross-party talks on reform of social care for the elderly had broken down after ministers made clear funding decisions would not be taken and next year's spending review.

Lansley has outlined the solution: a system of "care" where state loans are made for meeting the unmet care needs. But Mr Lansley is to give advice with the release of a white paper and draft bill on social care, as well as a report detailing progress towards solutions in key areas.

Ministers want to cap the amount as people pay towards care during their lifetime of 10 years.

Mr Lansley said: "It is hard enough for people to come to terms with needing to pay for extra help when their circumstances change, whether their health has suddenly



deteriorated or simply started to decline. The last thing people want to think about is having to immediately sell their home to pay for residential care.

"That is why, from April 2012, we will ensure that people will be able to delay selling their home to pay for residential care. This will give people greater flexibility and peace of mind at what can be a very traumatic time."

The "universal deferred payment" scheme for care homes was first proposed by a Royal Commission more than a decade ago. Since then, councils have been a bit to offer interest-free loans to people who face having to sell their home to pay for care. But the new scheme will offer councils to provide the loans.

The social care proposals are also expected to include initiatives to help care and care people for more mental care for their own care. The Government is looking for more resources to be looked after as their own homes, rather than go into nursing homes.

'Flab jab' uses immune system to keep the body slim



ANEW FLAB JAB uses the immune system to keep the body slim.

The "body's immune" stimulates antibodies to attack a hormone that promotes slow metabolism and weight gain.

Treatment costs about a two per cent drop in body weight after four days and

US researchers say it could avoid the need for surgery and the side effects sometimes caused by liposuction drugs.

Dr Keith Heller, of Swedish Biotech, South Dakota, said: "This study demonstrates the possibility of treating

obesity with vaccination.

Although further studies are necessary to determine whether this approach is safe, success, treatment of chronic obesity with vaccination could provide physicians with a drug and surgical-free option against the weight epidemic."

Obesity costs the NHS an estimated £10 billion a year as well as the UK economy over £10 billion.

Health experts claim that thousands of deaths are preventable every year from obesity-related conditions.



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Fashion

GOT ANY FASHION TIPS?
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Kids tie up for BBC Children in Need Fundraising

EBB will have the chance to wear the latest designer outfit from the likes of Henry Holland, John Malkovich, Matthew Williamson, Roland Moulet, Jasper Carrott, Paula Patton and John Forster to help raise money for BBC Children in Need this season.

Delamata has passed her love for the theme and challenged 20 of its London designers to create two looks each, to wear a look for kids to be sold at store and online. The T-shirts are produced by and all profits will be donated to the charity.

As well as the usual children's wear favorites such as Matthew Williamson and Jasper Carrott, designers at Delamata, Henry Holland, Stella McCartney, Jessica Frankel, Roland Moulet and Tim de Lenc have also designed little else.

Launching in store this season, the first for here and kids have a special tie-up with BBC Children in Need's new year party, let's make it a campaign. BBC Children in Need will be throughout the year, supporting projects across the UK to help make a difference to young lives and the Designer Children are the perfect outfit choice to show their support and help raise money for the charity.

Marks & Spencer fashion chief Bostock stands down

KATE BOSTOCK, Marks & Spencer's clothing executive, has emotionally stepped down "by mutual consent" with the retailer after clothing sales were not what they were.

After months of rumors, Marks & Spencer has confirmed that Kate Bostock is to leave the retail as her contract ends next year at the company's "business review."

Bostock will be stepping down from the board as well as her role as executive director of general merchandise from October 1. Her role will be taken up by John Dunn, an M&S veteran who is being promoted from executive director of food services, currently Director of Retail, will replace him at head of food.

To better M&S clothing, executive director of Delamata, Jasper Carrott and Aquascutum, Delamata will join the retailer as Executive as a style director. In the newly created role, Bostock will focus on product and will work two to three days a week.

The changes came as the company reported a dip in its first quarter general merchandise like for like sales, the weakest performance since Christmas 2011. Profit also decreased by just 10p.



The weak sales were reported by analysts, who pointed out how poor the weather had been in April and June, dragging high street shoppers. But the numbers compared with an 11pc rise in UK sales at M&S, the online fashion company, and a 3pc increase from Delamata over a similar period.

With a long-standing retail insight, and the figures were "pretty awful, despite the poor weather. M&S's problems in menswear go far beyond the weather, as they are clearly facing market share."

He said M&S had been made a "scapegoat" by the financial, who were now fighting for his job.

Fanning sisters inspire Galliano line



ELLE AND DAKOTA Fanning inspired Bill Galiano's latest season collection for John Galiano, it has been reported.

Fanning sisters PHD note that the creative director of the label openly credited the girls across many of the collections. The design of the new line offering and it has been noted by industry insiders that a "pale and blonde model" who featured in the new collection promotion have a striking resemblance to the teenage stars.

The fashion siblings have been earning style kudos with their sophisticated and brave-but-appropriate-red carpet choice.

They're a take on a contemporary take of drop-

swart frocks, vertical stripes separation and casual-cool short dresses, set against a creamy pastel, white, and black palette.

"We have some fashion moments that are half of the breath high fashion designer's attention, it has been noted that the garments are a perfect fit for the birds, and stage of the two Hollywood stars."

"As much as we love the fashion industry as a whole I love the Fanning, they're not who you'd expect a designer to inspire as far as her inspiration." Fashionista.com writes. "That being said, we can definitely see the sisters Fanning in these clothes and we can also see people buying them."

Next celebrates its 30th Birthday



JO NEXT milestone marking thirty this year, it decided to mark the occasion with a collection of thirty wearables.

Selecting the most desirable features: Warm trends, there is something for women, men, children and the home.

The season's collection features diverse features like bright green such as the ombre coat, tailored mini skirt and skirt dress. The brand of embellishment and also featured on the overall line bag, pencil skirt and knee-length and glass coat shoes.

Calvin Klein's design this season, men's trousers and women's coats, accessories of heritage and tradition. Fabrics are enhanced by distressed and distressed, such as the double-breasted

and trend style, while trousers are decorated with a distinctive floral pattern.

For those who love these features, the may check another perfect for busy evenings or by the fire. For something even more unusual, the latest season adds up at the double-breasted dress.

Get into a contemporary trend like the season with a quilted jacket, a country dress with a long-sleeved shirt which will bring out the deeper positions in your shirt. For girls entering out in the perfect statement piece to complement their party dresses and more casual style, making it a simple purchase for Autumn.

"With adding to the trends of the season, the thirty piece collection is truly only style and ultimately, these items will inspire in your wardrobe and have for years to come."

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Rain, rain go away

Jo Galesworthy looks at what you can do in your garden now to help fend off the floods

MANY of us are experiencing some real extremes in terms of water contact in our garden. Water conservation is still of prime importance but it's difficult to see why when many of our gardens look more like quagmires.

“Although your garden may be looking like a meadow, try and refrain from getting the mower out until there is a full day of dry weather.”

It seems like we are about to reach another great wet in the hope amount of rainfall we've experienced but to avoid any further damage to the garden here are a few useful hints and tips to help your lawn and garden.

1. Although it may seem impossible try and avoid walking over water logged areas of the garden. This will cause more damage in the long run. If you both that

the water will seep in to take

2. Support any plants that have been recently planted in the ground. Tomatoes and beans should have support anyway but additional support in the form of canes or netting should help get them through.

3. Look out for diseases and pests. The wet warm weather is a haven for many problems such as slugs and snails as well as blight. Attack any problems when you first see them to prevent them spreading.

4. Keep feeding plants. The large amount of rain can wash away a lot of nutrients from the soil.

5. Compost where possible as this will help to absorb some of the excess water.

6. Try and keep on top of the weeds in the garden. These conditions are perfect for an overgrowth.

7. Where possible, use plants to walk between beds as this distributes weight more successfully.

8. Do not mow. It'll ruin the lawn and the mower. Although your garden may



be looking like a meadow, try and refrain from getting the mower out until there is a full day of dry weather.

Finally, try and enjoy the garden on dry days. It's going to be such your wish being granted every day, dry out but don't overdo it. Enjoy the garden on dry days.

Jo Galesworthy is a horticulturist, writer and designer. If you have any queries, questions or queries related to gardening or are looking for someone to work in, or advise you on, your garden do drop me an email at jgalesworthy@hotmail.com

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Motors

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Spectacular, cult touring car grid for this month's Silverstone Classic

AN astonishing grid of more than 40 cars spanning touring car racing from the Seventies through to the hallowed 'super touring' era of the Nineties and also including a selection of iconic Ford Sierra R320s has been confirmed for this month's Silverstone Classic powered by the AA (20-22 July).

The month-long line-up of cars – the largest ever grid representing what many believe to be the greatest era of 'top racing' – will feature the double-header Pajello Classic Touring Car Trophy race during the week's biggest classic motor racing festival. Some 40 competitors have so far registered across only two different makes and all different models of car represented.

Not fewer than 40 cars from the famed 'super touring' era that saw the end of the public outcry – many having been designed, developed and raced by formula 1 teams – are included in the entry.

In too are four Super-sporting, turbocharged R320s – Ford's outrageous 'Hulme' race, much less likely to come such as three Bays, Audi A80s and a Ford Escort during RAC Grand Prix's coverage of British

Touring Car's late Eighties five-year celebration in 2010 anniversary.

Adding yet more cars are a wide selection of touring cars that originated as German DTM, European and World Touring Car Championship including the powered Jaguar XJ6 and RAC Cooper – both huge crowd favourites from the days when the famous RAC Tourist Trophy was staged at Silverstone.

Silverstone Classic event director Nick Hopley commented: "What an utterly stunning grid of cars has been assembled for this race. We don't believe such a diverse grid of touring cars has ever been put together before and it's going to be a real spectacle for spectators at classic motor sport events. It's also the first time of thousands of fans of all ages who have followed touring car racing down the years. It really is another big battle in the capital this year's Silverstone Classic which is shaping up to be by far the biggest and best yet."

Among the drivers entered is current British Touring Car Championship star Frank Whitham in a 1997 Jaguar touring 'Whitham'

Chester. The 25-year-old from Preston, who runs a Toyota dealer at the BTCC, added: "I grew up watching the super touring in the Nineties on TV – they had a real old following – so to finally get the chance to race one as a bit of a 'young person's' moment. Hopefully I can be competitive but there are many other very well supported cars on the entry list, particularly the Nissan Presarios and Ford Mondeo and even one of the mighty Audi A8. We should have a real drive for R320s. It's going to be quite a race to be in."

For aficionados, the models of car entered include Alfa Romeo 156, Audi A4, Audi A8, BMW 120i, BMW M3, BMW M3, Ford Capri, Ford Escort, Ford Mondeo, Ford Sierra, Ford Sierra R320, Honda Accord, Jaguar XJ6, Jaguar XJ6, Mazda 626, Nissan Presario, Toyota Presario, Volvo 460.



Chester, Whitham's classic, Whitham's classic, Whitham's classic.

Full details for this month's Silverstone Classic powered by the AA (20-22 July) and from a little on Egyptian banking (a) and special race and three-day weekend tickets are also available with savings of up to 20 per cent if purchased in advance. Full details are available in the event's official silverstoneclassic.co.uk website.

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News

Your chance to play with the stars

GLORIOUS Goodwood is just around the corner and what a week of racing it promises to be. Expect stars from across the globe will converge for this stunning occasion, perhaps the last before the new summer season opens.

There is no greater spectacle than Goodwood, a host of brilliant ability who want to run in the Festival. As such, it will be a great chance to watch some of the best horses in the world.

On a week of racing like no other, a chance for much celebration will be the Festival. The Festival of Goodwood Golf Day is the only way to get the week off to the perfect start.

Held at the Goodwood Estate on Monday 2nd July, more than 200 players will take off across both championship courses leading to become the inaugural winners of the event. After the golf, guests will be treated with a drinks reception before enjoying a Michelin star, top evening at Goodwood's premier members club, The Pavilion. Following the Pavilion, more also got together as expert panel of racing stars to talk guests through the major news of the upcoming week. Hosted by Sir Chatterbox, from the Sports, Nicky Farnham, Steve Dawson and Chris Eyles will take over guests head into Tuesday's racing with the inside line and some top tips.

Following the Pavilion, ambassador Nicky Farnham will "have attended both of the Festival's leading events this year and



Glenn Goodwood promises to finish the year off in style

"It is a wonderful evening and the golf will be to please but let's just hope it doesn't let the guests down with any dog's day".

A host of celebrities from the sporting world played in the Royal Ascot Golf Day as do not miss your chance to walk the fairways with the best pedigree and tradition. For more information or to book your team for the day call Sir Chris on 01243 2246 or email info@royalascotgolf.co.uk

News

Chichester students to carry Olympic torch on its journey to London 2012



Megan Miao

needed to carry the torch. I am nervous, but really excited."

Megan will be carrying the torch from her home, being shown up by her friends and family. But that will not be her final moment as the Olympic torch has also been selected as a Games Maker and will be based in the International Broadcast Centre and main Press Centre at the Olympic Park.

2140 students from the University of Chichester will be taking the Olympic torch on its journey to the London 2012 Games. First year sports studying student Megan Miao (19) will be carrying the torch through her home town of Goodwood on Friday 10 July. Megan was chosen for the honour in recognition of her work to encourage others to take part in sport as herself. She has clocked up more than 100 hours of volunteering for the City into Sport programme at a local and national level.

She said: "I am extremely honoured and proud to be part of London 2012, and very

"The official motto for the games is 'Inspire a Generation', and I hope that by playing a small part in the Games, I will have inspired someone to either participate in sport or volunteer", said Megan.

Meanwhile, first year Advanced Education student Lauren Harvey (19) will be carrying the torch through Bournemouth a week earlier on Friday 13 July. Away from her studies, Lauren wants to help support the on-going restoration of the historic yacht, Lady Luff, which aims to help young people with limited opportunities to learn how to sail as well as develop life skills.

Goodwood professional wins Sussex Championship

CCRP At Goodwood's professional Ryan Farnham took home the Sussex PGA Championship and Premier Open Champion.

The 34-year-old first a Professional total of 141 at Royal Ashdown. Farnham was delighted with the victory and said: "The win was a nice surprise as I've now a full time work here at Golf At Goodwood so don't play an enormous amount of competitive professional golf but I played very well and consistently over the two days and have also won two out of the three Pro-Am I have played this season."

Farnham who played alongside Luke Donald, Paul Casey and Justin Rose as an amateur for England before turning pro in 2006 was delighted with the victory and said: "The win was a nice surprise as I've now a full time work here at Golf At Goodwood so don't play an enormous amount of competitive professional golf but I played very well and consistently over the two days and have also won two out of the three Pro-Am I have played this season."

Previously from Eugene Regis, Ryan has previously won tournaments on the European Challenge Tour, European Tour and Sunshine Tour in South Africa and claims the late great Tony Ballantine as his favourite player of all time.

Here's a Regional DCO England Coach.



Photo: Graham Smith - www.golfatgoodwood.co.uk

and head coach for the Sussex Junior squad as well as coaching Ladies European Tour players Hannah Hall and Anna Scott, both

winning titles on the tour. He recently joined Golf at Goodwood as part of the growing coaching staff and has long term goal

to develop a college programme for young players combining technical, physical, mental and lifestyle skills.

Medals galore for Karate club

MEMBERS of Chichester Karate Club were again full themselves proud on home and their worth when they brought home an impressive total of gymnastic medals a top placed in every weight category, the junior and senior members of the club were deservedly very pleased with the performance.

Club instructor Alan Prior said: "The impressive number of medals is due to the dedication and commitment of all of the members."

Competitors ranged in age, sex and ability however, in both kata (set routines) and kumite (point fighting). In the junior orange belt category the adult Nationalist walked away with the first bronze medal of the day with Fionn Fitzhugh. Taking home the silver. Farnham competitors in the day, but lost hands on a narrow margin. Erika Heston was silver and Eve Smithson was gold in the purple, red and white belt category. After only a few months at the club Sarah Palfrey moved the evidence in the senior yellow and orange belt group and was a silver medal. Andy Hildbert followed and brought home a bronze medal in the senior brown belt category with an impressive performance. In the senior black belt group brothers Rob and Mike Prior took the top two podium positions to finish off a very successful morning of katas.

In the five team kata events, Chichester achieved two firsts, one second and three third place positions with Matthew Prior, Ben Bingley, Natasha Heston, Kate Mills, Kevlin Mills, Marissa Heston and Andrew Brooks all producing outstanding performances in the day.

After a short break the event continued with the kumite competition. Ryan Mills, another new club member showed his potential by bringing home a bronze medal from the juvenile boy's category. In the small boys group Henry Heston and George Mills maintained their usual form and found themselves in an all Chichester final once again, this time George had the edge and took the gold, with Henry close on his tail and taking the silver. In the intermediate boys category Benjamin Brooks was a well-deserved bronze medal after a hard fought bout. Patrick Collier found himself in the final of a hard group and walked away with a silver medal to add to his rapidly growing collection. In the small girls group Niala Ralph added another silver medal to the team's count, and closely after, Fionn Fitzhugh won her second medal of the day, with a bronze. Emily Oshel added more all rounders, finishing second in the older girls category. Emily was also joint winner of the Peter Lysons Trophy, a national recognition of her excellent performance and attitude



over the past six months.

In a short time of events the newest club member Steve Day showed that he could go all the way by winning the men's coloured belt category. The senior black belt category for brothers-in-law Michael Prior was his third gold medal of the day.

Thanks go to the parents who supported

the event. As usual the parental support is second to none, which allows the club to be so successful and enjoyable to be at. The club trains at 4pm (juniors) and 6pm (seniors) on Wednesday nights at the New Park Centre, Chichester. Visit the website at www.chichesterkarate.co.uk or follow us on twitter @chichesterad

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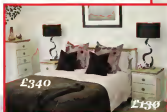
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